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Page 12

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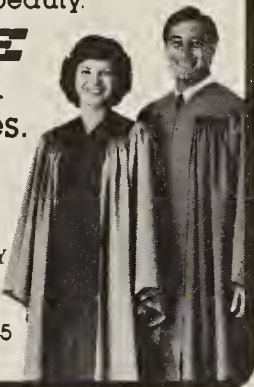
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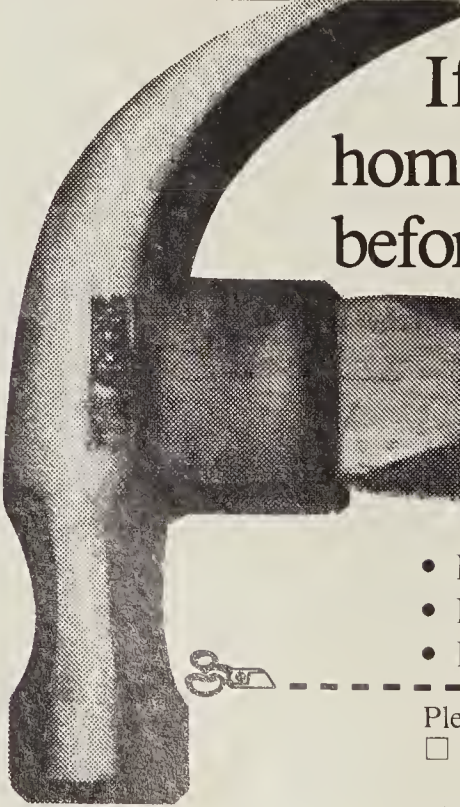
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Rural Survival: A Political Issue

It was just a blip on the national screen and it vanished even before we could explain it. In the elation of the moment, we thought we were seeing a genuine rural renaissance. . . .

In retrospect, it is easy to see some of the things that created the blip. A wheat shortage abroad and an energy crisis at home—those were the big contributors.

Maybe the push for rural development had something to do with the way rural America seemed to shine in the 1970s.

Anyway, it's over now. The patient, to vary the metaphor, has suffered a relapse. Is it

terminal? Well, economists and demographers . . . are muttering dire assessments.

Probably the major symptoms could stand a quick once-over. To begin with, there's been a fresh outbreak of "exodusitis," the relentless flow of people from rural to urban settings. In 1985 and 1986 alone, according to the Agriculture Department, rural America lost 632,000 citizens to cities and suburbs.

Demographics, of course, tend to reflect economics: people vote with their feet. So it comes as no surprise to learn that the rural economy has been heading downhill all decade long. The 1980s set an unwanted precedent: for the first time in history, rural unemployment rates exceed those of the cities and suburbs.

Jobs have been most scarce in counties dependent on mining and energy extraction; total employment there has dipped by almost 10 percent since 1979. In agricultural counties, there's been virtually no economic growth, while employment opportunities in manufacturing counties have expanded during the '80s by less than 3 percent.

Shaky as the rural economy has been of late, it has managed to achieve stability in at least one category: its poverty rate. While the rest of the country was gradually recovering from the recession the country experienced during President Reagan's first term, rural poverty has held steady at around 18 percent. That compares with a metropolitan rate (in 1985) of less than 13 percent.

So maybe the experts have a point in placing rural America on the critical list. Still, haven't we been put on it before? Abraham Lincoln deplored "the poverty and enforced ignorance" that afflicted farm families back then. Fifty years later, Theodore Roosevelt discovered the same conditions.

Finally, a real and lasting difference was made

by rural electrification and agricultural price supports under Teddy's cousin, Franklin D. Roosevelt. . . .

But, in the wake of World War II, the old problems struck with new fury. Young people left farms and villages in record num-

bers. The phenomenon was called "metropolity-anna"—the notion that, sooner or later, everyone would move to the city and live happily ever after.

Well, not quite everyone, as it turned out. There were "The People Left Behind," a shorthand description for those who never got out. The label served as the title for yet another excellent study on rural suffering in 1967, this one the work of a commission appointed by President Lyndon B. Johnson.

But by then LBJ's "War on Poverty" was already receding from view, the victim of a different sort of war far from Washington. At about that time, I met a black minister in Mississippi who seemed to speak for many when he summed up what the War on Poverty had done for his community. "It got us to hoping a little faster," he said.

Now, two decades later, some of us are again hoping a little faster. Will the current alarms inspire genuine federal remedies, or will they give rise to more rhetoric and neglect?

Whatever the cure for rural America's chronic ills, the diagnosis and the treatment seem too important to be left to experts. In the last analysis, rural survival becomes a political issue, to be resolved less by technicians at their computers than by citizens in their meeting halls and at the polling booths. We can glimpse the solution in any mirror.

This time, we had better keep politicking.

—Richard J. Margolis
Rural Electric News Service

For the first time in this century, and probably in the nation's history, more Americans are moving away from metropolitan areas than are moving to them, in an abrupt, and baffling, reversal of the long-established trend to urbanization.

*"Rural Renaissance in America?"
Population Bulletin, 1976*

6

**Ice Storm Disrupts
Service For
Thousands of EMC
Members**

8

**Here/There/
Everywhere**



12

**Studies Seek Ways
To Trim Business
Lighting Costs**

24

Head to come

26

Horizon

28

**Hank's Gardening
Guide**

1988

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13 Tar Heels Honored In 4-H National Awards Competition

Thirteen North Carolina 4-H members, including four from Lenoir County and two each from Cabarrus and Mecklenburg Counties, have won honors and scholarships at the 66th National 4-H Congress in Chicago.

Each national winner received a \$1,000 scholarship except for Debbie Wade, Rt. 2, Kinston. Wade, a winner in the 4-H bread program, received \$1,500.

Other winners and their programs were: Sharon Bass, Rt. 2, Lucama, beef; Liana Bertoli, Concord, entomology; Rhonda Ogilvie, Rt. 1, Apex, consumer education; Bryan Correll, Rt. 1, Cleveland, public speaking; Annette Harper, Rt. 5, Kinston, food-nutrition and Billy Small, Kinston, citizenship.

Also, Cornelia Groce, Rt. 2, East Bend, rabbit; Ellen Herlant, Mount Pleasant, conservation of natural resources; Johna Howard, Rt. 1, Deep Run, leadership; Matt Kozik, Charlotte, wildlife and fisheries; Chris Miller, Charlotte, electric energy and Jonathan Ward, Rt. 2, Lexington, dairy.

Third District Rep. H. Martin Lancaster of Goldsboro was named a national winner in the 4-H alumni recognition program. He was elected to Congress in November, 1986, after serving in the North Carolina General Assembly for eight years. A former Wayne County 4-H member, Lancaster, is one of eight alumni to be honored at the national meeting.

The Tar Heel 4-H'ers are among 287 national and regional winners who share in \$287,000 in educational grants awarded in 36 program areas.

The scholarships and trips are provided by some 75 business firms, foundations, associations and individuals who contribute more than \$1 million each year to the National 4-H Council in Chevy Chase, Md. The council plans and conducts the congress in cooperation with the Extension Services of land-grant universities.

Cover: "Anticipation" by Allen Montague

Our cover this month features an original painting by Raleigh artist Allen Montague. It's titled, "Anticipation."

This painting was done as part of a project to aid Partners, an organization that brings adult volunteers together with children who need special attention.

Montague, who has been painting fulltime for about 10 years, did a painting titled "Times Past," in 1985 under a commission from the North Carolina Association of Electric Cooperatives. That image, which marked the 50th anniversary of the beginning of the nation's rural electrification program, appeared on our cover in May, 1985.

"Anticipation" is being offered by the artist as a signed-and-number limited edition print with an image size of 16 3/8" x 24 1/2" on 18 3/8" x 28" museum quality art stock. The prints are priced at \$60 each plus \$6 for shipping. Mail orders to The Allen Montague Collection, 1726 Quail Ridge Road, Raleigh, NC 27609.

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By John T. Jackson

Every year I see people pour more and more money into their lawns. They dig, fertilize and lime. They rake it all in. They scatter their seed and roll and water it. Birds love it! Seeds which aren't washed away by rain give them a feast. But some seed grows, and soon it's time to weed, water and mow, mow...until summer comes to burn the lawn into hay, or crabgrass and diseases infest it.

That's what happens to ordinary grass, but not to Amazoy Zoysia.

"MOWED IT 2 TIMES," WRITES WOMAN

For example, Mrs. M. R. Mitter writes me how her lawn "...is the envy of all who see it. When everybody's lawns around here are brown from drought ours just stays as green as ever. I've never watered it, only when I put the plugs in...Last summer we had it mowed (2) times. Another thing, we never have to pull any weeds — it's just wonderful!"

LAWN WATERED ONLY ONCE

And from Iowa came word that the state's largest Men's Garden Club picked a Zoysia lawn as the "top lawn — nearly perfect" in its area. Yet this lawn had been watered only once all summer up to August!

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Plug Amazoy into old lawn, new ground or nursery area. Just set Amazoy plugs into holes in ground like a cork in a bottle. Plant 1 foot apart, checkerboard style.

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Amazoy thrives in porous, sandy soil, "builder's soil" — even salty beach areas! Beauty is but one advantage of Zoysia Grass. It's also so vigorous and rich it thrives in soils where lesser grasses have failed you repeatedly. Start your Amazoy lawn this Spring, and never re-seed your lawn again!

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A blast of wintry weather during the first weekend of the New Year left about 40,000 consumer-members of North Carolina Electric Membership Corporations (EMCs) without power at some time, EMC officials reported.

Freezing rain and falling tree limbs accounted for most of the damage as EMCs in the Piedmont portion of the state battled major power outages.

The cooperatives' statewide Emergency Work Plan came to the aid of five hard-hit EMCs, with more than 44 work crews from 10 neighboring EMCs being dispatched to assist the co-ops in distress.

The statewide plan is put into action during emergencies, with the EMCs' statewide organization handling coordination of emergency aid through Tarheel Electric Membership Corporation (TEMA) facilities in Raleigh.

As the calls came into the TEMA headquarters, the central materials supply operation mobilized efforts to get supplies and assistance to the co-ops that were most in need.

Outages began Sunday, Jan. 3, with some of the hardest-hit areas suffering



—Jeff Davis/The Chatham News

Ice Storm Disrupts Service For Thousands of EMC Members

disruption of service until Tuesday.

The EMCs that battled the most service outages were: Randolph EMC, Ashboro; Pee Dee EMC, Wadesboro; Central EMC, Sanford; Wake EMC, Wake Forest and Union EMC, Monroe. The five EMCs accounted for over 30,000 of the affected consumers.

Also reporting outage problems were Halifax EMC, Enfield; Piedmont EMC, Hillsborough and Davidson EMC, Lexington.

EMCs that were able to provide assistance were: Blue Ridge EMC, Lenoir; Brunswick EMC, Shalotte; Crescent EMC, Statesville; Edge-

combe-Martin County EMC, Tarboro; Four County EMC, Burgaw; Lumbee River EMC, Red Springs; Pitt & Greene EMC, Farmville; Rutherford EMC, Forest City; South River EMC, Dunn and Surry-Yadkin EMC, Dobson.

"The problem was basically tree limbs and ice," said Emmett Patterson, manager of Pee Dee EMC. "We also had a problem with trees coming out by their roots. Luckily for us, the roads were clear so we could get to the problem areas."

One situation practically every EMC faced during the storm was the avalanche of phone

calls from members without power. So many were trying to call that some of them were unable to get through to their EMCs' offices.

"I'm sure most of our members were more angry at us for not being able to get through on the telephone than for being without electricity," said James Mangum, general manager of Wake EMC. "They don't know if we are aware of their situation and don't know the status of our repairs."

"At one time we had 5,500 members without service. We have five incoming phone lines, so many just couldn't get through."

Adding more lines would be of little help in such a situation, Mangum said, adding that it is an option the co-op is considering as it seeks ways to improve its response to outages.

"We're still wrestling with the problem."

The state's 27 other EMCs are also preparing for the next emergency as they tally the sobering figures on the cost of the January storm. Additional labor costs, loss of revenue and material damage combine to run up a hefty bill for affected co-ops.

At Randolph EMC alone, damages are expected to go as high as \$200,000.

Despite the magnitude of damage, the January storm was not the worst to hit EMCs in recent memory—a fact that helped hold sanity in check for many EMC employees.

"We compare every storm here at Pee Dee to one we had in '69," said Patterson. "We lost 1,000 poles and had some people without power for two and a half weeks. Compared to that, I suppose you could say this one was 'a piece of cake'."

—Randy Wheelless

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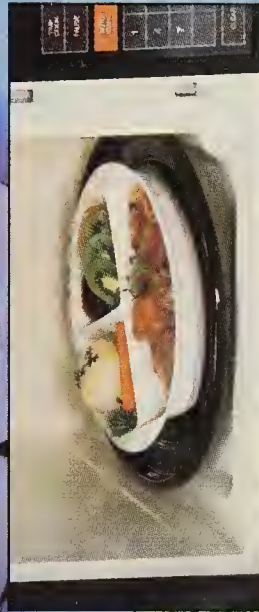
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The Carolina Farm Stewardship Association (CFSA) is offering a program for growers which sets standards on organic and non-organic growing methods.

The Organic Certification Program, now in its first full year of operation, is designed to give guidelines for such terms as "natural," "organic" and "chemical-free" in order to protect consumers and farmers.



A network of farmers, gardeners, consumers and retailers, the CFSA registers growers in the Carolinas who certify that their products meet CFSA standards.

The program has four levels: from organic growers to growers who use limited amounts of chemicals. When registered, participants are given stickers and a display card to promote their products.

To learn more about the Organic Certification Program, write the CFSA at Rt. 1, Box 667, Franklinville, NC 27248. Phone: (919) 824-2122.



ASU Students Offering Tax Return Assistance

Elderly, low-income and handicapped people are eligible for free tax return preparation by senior accounting majors at Appalachian State University. Members of ASU's Epsilon Kappa chapter of Beta Alpha Psi, the national accounting fraternity, will complete simple tax returns through the Volunteer Income Tax Assistance (VITA) program sponsored by the Internal Revenue Service.

Volunteers will be available in Room 309, Walker Hall, at ASU from 1 to 4 p.m. Feb. 19, March 18, March 25 and April 8, and in the Watauga County Hospital conference room from 1 to 4 p.m. March 18 and April 8.

For more information, call Dr. Tom Kirkpatrick at (704) 262-6205.

Civil War Troops Listed In New Volume

Volume XI of *North Carolina Troops, 1861-1865: A Roster* has been published by the Historical Publications Section of the N.C. Division of Archives and History.

Edited by Weymouth T. Jordan Jr., the 543-page fully indexed volume contains information on the 45th through 48th Regiments of the N.C. Infantry during the Civil War.

The names of almost 7,000 Confederate soldiers are listed as well as their place of birth, residence, age at time of enlistment, prewar occupation and other vital information.



The book can be purchased for \$27, plus \$2 for postage and handling, from the Historical Publications Section, Division of Archives and History, 109 East Jones Street, Raleigh, NC 27611. Checks should be made payable to the Department of Cultural Resources.

Historic Site Honors Founder of School for Black Children



North Carolina's first historic site honoring a black woman opened recently in Guilford County—paying tribute to a famed educator of young people.

The Charlotte Hawkins Brown Memorial Site, located in Sedalia, is dedicated to the noted educator who founded and was president of the Palmer Memorial Institute in Guilford County for more than 50 years.

The school, founded in 1902 to teach rural black children, became nationally respected as an outstanding secondary school. Graduates of the school include state legislator H. M. (Mickey) Michaux of Durham and William Kennedy, president of N.C. Mutual Life Insurance.

Plans for the memorial include re-

storing buildings connected with the school and making the campus a center for historic research through the development of a black history resource center.

The site was recently awarded a \$50,000 grant from the Z. Smith Reynolds Foundation in keeping with the foundation's efforts to promote the causes and issues that affect minorities and women.

The site is open to the public from 10 a.m. to 4 p.m. Tuesday through Saturday and 1-4 p.m. on Sunday. After April 1, the hours will change to 9 a.m. to 5 p.m. Monday through Saturday and 1-5 p.m. on Sunday. For more information, call the site at (919) 449-4846.

New Director Appointed At Haywood EMC

Barbara Cogburn of Clyde has been named to the Board of Directors of Haywood Electric Membership Corporation, Waynesville, to fill the unexpired term of Massie Osborne of Rt. 2, Clyde, who has resigned.

Osborne, who served as president of



HERE, THERE & EVERYWHERE

the EMC's board from August, 1973, to September, 1981, was a director of the cooperative for a total of 17 years.

Mrs. Cogburn, who is a 1970 graduate of North Carolina State University, has been active in various community and church organizations and has served on the Haywood EMC Member Advisory Committee.

NCCUL To Raise Money For Duke Bone Marrow Lab

The North Carolina Credit Union League (NCCUL) is conducting a campaign to raise \$200,000 to establish a bone marrow laboratory at the Duke University Medical Center in Durham.

To be named the NCCUL Pediatric Bone Marrow Laboratory, the lab will help treat numerous chil-

dren's diseases with the help of bone marrow transplants.



Bone marrow, a "blood factory" for the body, can become

diseased and cause illness in children. However, by cleansing it or replacing it with healthy marrow from a donor, a cure for many hopeless conditions has been within reach.

Without a lab in this region, many transplant patients must be sent to New York, Seattle or Minneapolis.

The Duke facility would serve children

from the Carolinas and Virginia.

Contributions to the drive can be made through local credit unions.

To contribute directly, make your check payable to the Duke University/Pediatric Bone Marrow Laboratory and send it to IBM Coastal EFCU, Attention: Marketing Department, P.O. Box 58429, Raleigh, NC 27658.



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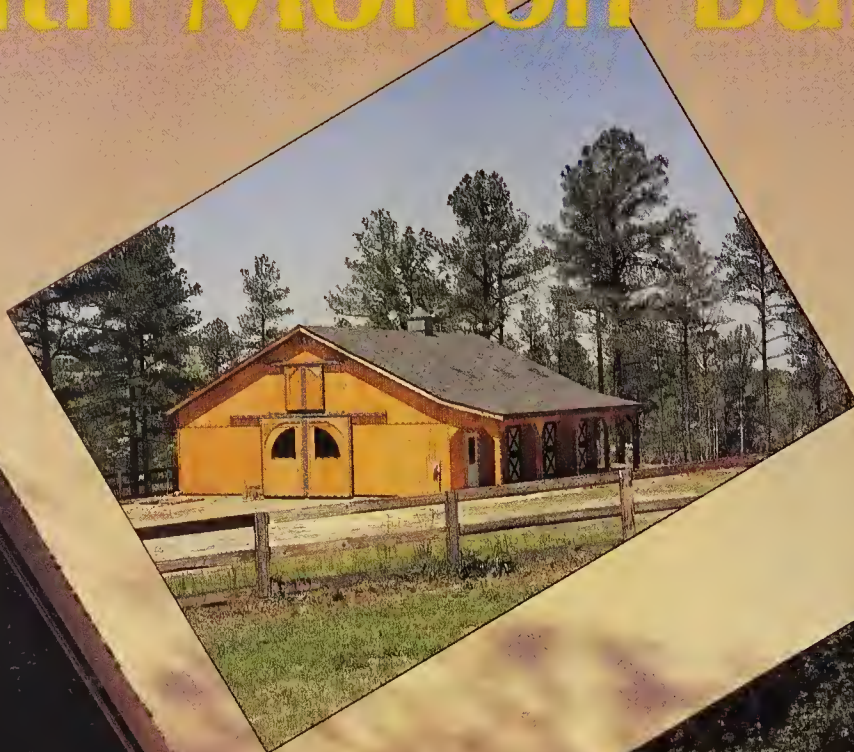
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Soil Cover Under House Can Reduce Condensation

Condensation that collects on the inside of your windows can contribute to a host of problems and annoyances, but there is something you can do about it.

A plastic soil cover for the crawl space under the house should sharply reduce the condensation inside the house, according to North Carolina State University agricultural extension engineers.

The excessive moisture can lead to mildew and wood rot in the crawl space and attic, and it can cause mildew in closets in summer. In winter it is an annoyance as it collects on the inside of windows, often to the point of puddling on window sills.

Four-mil polyethylene plastic is the most common material used for soil covers. The plastic can be clear or black. Six-mil plastic and roofing felt are other materials that can be used.

Cover about 70 percent of the soil surface with the plastic. This should reduce moisture significantly and minimize squeaks and cracks in dried out wood flooring.

Remove wood, bricks and other debris from under the house before installing the ground cover.

Be sure to cover the dampest areas of the soil. The purpose of the plastic is to reduce the surface area from which moisture evaporates, so an occasional tear in the plastic doesn't matter.

Also, it isn't necessary to overlap pieces of the plastic or attach them to foundation walls. Beads of water collecting under plastic are signs that the plastic is working.

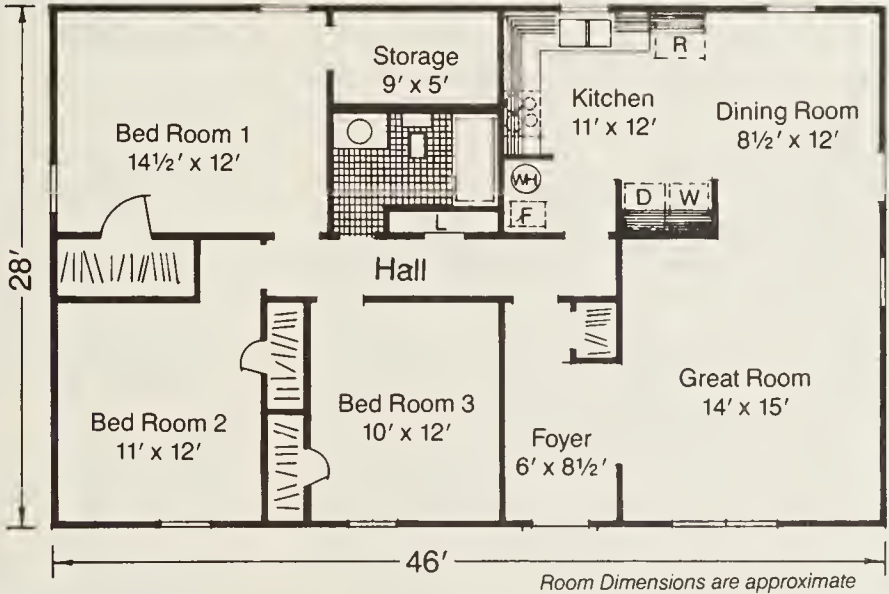
Make sure water doesn't collect on top of the plastic. If you find that it is, determine the source of the water and eliminate it. For example, if it is due to poor drainage, improve outside drainage by changing the soil grade, waterproofing the foundation or installing drain tile. Or you may have to trench around the inside walls and remove the water by gravity drainage.

Don't attach the soil cover to the joists when water stands in the crawl space. This only compounds your problem.

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Cutting down on light usage as a means of reducing power bills has long been a concern of homeowners. Now, that concern is getting increased attention from the owners of business and commercial facilities.

They're recognizing that it makes good business sense to turn off some lights—and, in turn, trim their operating costs.

Experts say lighting can account for 40 percent of an office building's electric bill—compared to 10 percent for a typical dwelling. That means trimming back on lighting can quickly be translated into significant savings on overhead.

In addition, there are hidden costs that are often overlooked: In hot weather, office air conditioners must cool space that's partially heated by interior lighting—some of which may be unnecessary.

While many homes make use of sunlight for lighting during the day, most offices are too large to take advantage of that—and they're often poorly designed for the purpose in any case.

All in all, conserving on light usage can be a tough chore in most businesses.

However, it isn't out of the question, according to officials of the North Carolina Alternative Energy Corporation (AEC).

The non-profit agency, which was established to promote more efficient production and consumption of electricity, has been addressing that issue on several fronts.

Susan K. Paulos, an AEC project engineer, has been working on ways office buildings can use natural daylight to cut energy costs while maintaining a pleasant office environment.

"The catch is not to use direct sunlight, but to use available light while keeping people in the shade," she said. "For instance, you can intercept light high and bounce it off the ceiling."

To encourage building owners to get involved with more efficient lighting systems, AEC will target studies of several existing buildings in the Research Triangle Park area. The project will create model facilities to demonstrate these techniques. Visitors will be able to see the advantages of these systems in actual work settings.



Studies Seek Ways To Trim Business Lighting Costs

PART I

Lighting can account for 40 percent of an office building's electric bill. That means trimming back on lighting can quickly be translated into significant savings on overhead.

"There is a lot of money to be saved on lighting in new buildings, but to do it well, it takes time and effort," said Paulos. "Too many people are content to go with the electrical plan that is the fastest, even though the technology is 10 to 20 years old."

For older buildings, the simple feat of changing a light bulb can be far more costly than it needs to be.

"Building maintenance people get called every time a single lamp burns out," Paulos said, adding that the fixtures could be changed on a regular schedule.

Replacing a simple lamp "may take an hour in labor costs, which can be avoided through group maintenance."

"In this case, the energy savings are really just icing on the cake," said Meredith Emmett, a project manager for AEC. "Group re-lamping with lower wattage lamps does cut down on both lighting costs and on air conditioning costs because fewer watts generate less heat."

For buildings that operate 24 hours a day fluorescent lighting can cut light usage by more than 20 percent, said John Manuel, an AEC project engineer.

He pointed out that standard table lamps can be converted to compact fluorescent bulbs—reducing power consumption without reducing overall light output. For example, an 18-watt fluorescent bulb provides as much light as a 75-watt incandescent bulb.

He said even those little-noticed "Exit" signs can be a pointless drain on power—and dollars.

Converting an incandescent "Exit" sign to a fluorescent tube can save \$20 a year per fixture, Manuel said.

For large office buildings with lots of such signs, that can mean hefty savings.

The AEC officials said one of the problems they face in working on these lighting projects is resistance to the use of energy-efficient fixtures because they're more expensive than traditional lamps. Over the long term, they say, that higher initial investment yields a healthy payback.

"At this point," Paulos said, "it is just a matter of convincing people—let's do it right and do it now."

Switch To Fluorescent Bulbs Saves Tar Heel Poultry Farmers \$400,000

Energy savings from the use of fluorescent bulbs have many North Carolina poultry farmers seeing their operations in a different light.

By switching from standard incandescent lights to energy-efficient fluorescent lights, these farmers are cutting down on their use of electricity and enjoying much lower power bills.

Last year, Tar Heel poultry farmers installed 25,000 fluorescent bulbs in their facilities and reduced their energy costs by about \$400,000.

Bob Gardner, owner of Gardner Egg Farm in Nash County, is following the lead of his counterparts across the state. A few months ago, he switched his layer house from incandescent to fluorescent lighting—and expects to save about \$900 on the farm's power bill within the first year.

The change is being promoted by the North Carolina Alternative Energy Corporation (AEC), which has won numerous state and national awards for its poultry lighting research projects—efforts that may allow the state's poultry farmers to save more than \$1 million over the next few years.

"We think these fluorescent lights represent a significant breakthrough for the modern poultry industry," said Jon Veigel, AEC president.

The advantages of fluorescent lighting were dramatically demonstrated in a recent study done for AEC by Dr. John Carey, extension poultry specialist at N.C. State University.

Carey equipped two side-by-side 32,000-bird houses with lights—one with 105 standard 60-watt bulbs and the other with 105 fluorescent fixtures of comparable output.

The 78-week study found no difference in egg production between the two houses. However, the house using incandescent lighting required almost five times as much energy as did the second house.

Recent design changes have made fluorescent lights easier to use and more appealing to all consumers. Only a few years ago, special fixtures were required for the long tube-shaped bulbs. Now, compact fluorescent bulbs can be installed in standard sockets.

The lights are also gaining appeal for financial reasons. The compact bulbs cost between \$7 and \$9, but last almost 10 times as long as standard light bulbs.

"I had 130 fluorescent bulbs in one house and, during the past year and a half, I've replaced just one bulb," said Wayne Elsenbeck, assistant manager of Oakview Farms near Asheboro.

While fluorescent lights have been a hit with farmers who have them in layer houses, studies are now under way to determine if they can be adapted to broiler breeder operations.

Dr. Sheila Scheidler and Dr. Michael Wineland of N.C. State University have such studies in progress with the cooperation of Perdue Farms in Kenly and Golden Poultry Inc. of Bonlee.

"Cooperation by these two companies has been excellent and crucial to our ability to move ahead with this program, which can have a positive effect on agriculture in North Carolina," Dr. Scheidler said.



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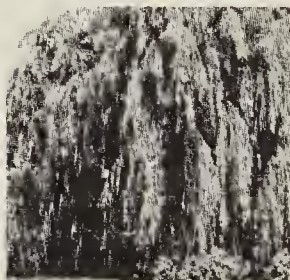
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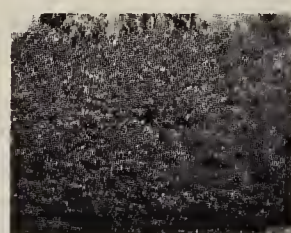
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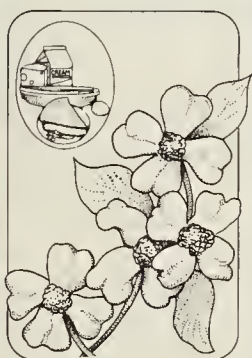
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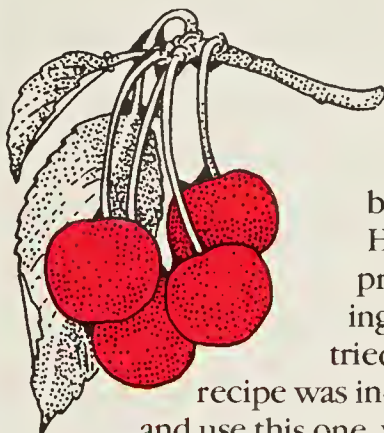
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A Recipe Revisited

The recipe below may look familiar because it appeared in our January issue. However, due to an error in the printing process, that version omitted three important ingredients. Our apologies to any readers who tried to make the bread only to discover that the recipe was incomplete. Now, you can discard that version and use this one, which lists *all* the proper ingredients.

The recipe is from *Bread for Body and Soul*, a collection of devotions and bread recipes prepared by Jean Mills Howard of Greenville, SC. Copies of the 156-page, spiral-bound book are available from Mrs. Howard at 240 Stone Lake Drive, Greenville, SC 29609. They're priced at \$8.95 plus shipping and handling.

—The Editor

Cherry-Nut Bread

1 jar (10-ounce)
maraschino cherries
2 cups all-purpose flour
1 teaspoon soda
1/2 teaspoon salt
3/4 cup sugar

1/2 cup margarine,
softened
2 large eggs
1 teaspoon vanilla
1 cup buttermilk
1 cup chopped pecans

Drain and chop cherries, reserving juice.

Combine flour, soda and salt; set aside.

In large mixer bowl, cream sugar and margarine; add eggs and vanilla; mix well. Add dry ingredients alternately with buttermilk; beat well after each addition.

Lightly flour cherries and pecans; fold in mixture just until coated. Pour into 2 greased and floured 7-3/8 x 3-5/8 x 2-1/4-inch loafpans.

Bake at 350° for 30 to 35 minutes or until pick inserted in center comes out clean. Cool in pans 5 minutes. Remove to racks to cool.

Glaze:

1 cup confectioners' sugar
reserved cherry juice

Mix confectioners' sugar with enough reserved cherry juice to form a glaze (about 2 tablespoons). Pour over warm bread. Cool. Store in covered container. Refrigerate. Yield: 2 loaves. This makes a pretty gift. May be frozen.

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Book: "A Proud Look Back" At Stokes County Folklore

Darrel Lester began collecting the "sayings" of his elders when he was a boy growing up in Stokes County.

He continued collecting such folklore until a few years ago, when he decided to put the material into a simple booklet for his son and daughter. He thought this would be a way of recording the tales and traditions that are part of his childhood memories.

However, his friends and neighbors convinced him that he could perform a valuable service if he'd expand the booklet to include local history and listings of those buried in various cemeteries in and around his home community of Sandy Ridge.

He resisted the idea because of the work that would be involved, but eventually took on the task. It took about seven years of on-and-off efforts to complete the job.

That listing of 87 cemeteries and the other material Lester has collected became a 275-page hardback book titled *Seasons In Stokes: A Proud Look Back*. It was first published in 1984, with the initial order of 1,000 copies selling out quickly. Copies from a second printing are still available from Lester for \$22 each. Write to him at Rt. 1, Sandy Ridge, NC 27046.

Several of the "sayings" in the book are reprinted here.

Signs and Sayings On Weather

If it thunders in January, it will snow within 12 days.

If it thunders in February, it will frost that same day in May.

The number of fogs in August determine the number of snows to come.

Chimney smoke rising straight up is a sign of fair weather ahead.

When chimney smoke settles low to the ground, it's a sign of bad weather.

Superstitions

Place a horseshoe in the oven and it will keep the hawks away from the chickens.

If a bird comes into the house, it's a sign of good fortune.

If your right hand itches, it's a sign you will shake hands with a stranger.

When your left hand itches, it's a sign you will handle money.

When your nose is itching, it's a sign somebody is coming.

When your foot itches, it's a sign you will walk on new ground.

If the bottom of your foot itches, it's a sign you will walk on graveyard dirt.

To remove freckles, wash your face in the dew of a wheat field on the first day of May.

To make it rain, kill a black snake and hang it in a tree with its belly up.

When you bite your tongue, it's a sign that you've "told a lie."

Just Sayings

You can't keep trouble from comin', but you needn't give it a chair to set in.

A lie will get a mile up the road before the truth can get its boots on.

As ill as a mule eating briars.

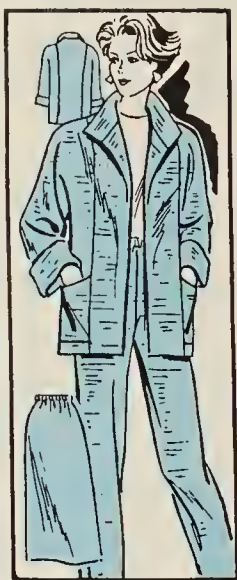
As nervous as a worm in hot ashes.



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COUNTRY KITCHEN

Southern Banana Cake

Submitted by Mrs. Emily Burwash, Hayesville

1/2 C. butter (or margarine)	1 C. mashed banana	1 tsp. baking powder
1 1/2 C. brown sugar	1 tsp. lemon juice	pinch of salt
2 eggs	1 tsp. vanilla	1/2 C. sour milk
	2 C. flour	

Cream butter and sugar. Add eggs and beat well. Add banana and flavorings. Combine dry ingredients and add alternately with sour milk. Beat well. Pour into greased and floured cake pan.

Topping

1/8 to 1/4 C. melted butter	1 C. coconut
1/2 C. brown sugar	1/2 C. chopped pecans or walnuts

Mix and sprinkle over *cake batter*. Bake at 350 degrees for 50 to 60 minutes. (Makes a delicious dessert when served with ice cream.)

Would You Like To Share Your Recipes?

If you would like to share a recipe with this column, send it to:
Carolina Country, P.O. Box 27306, Raleigh, North Carolina 27611.

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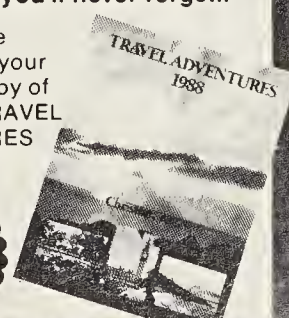
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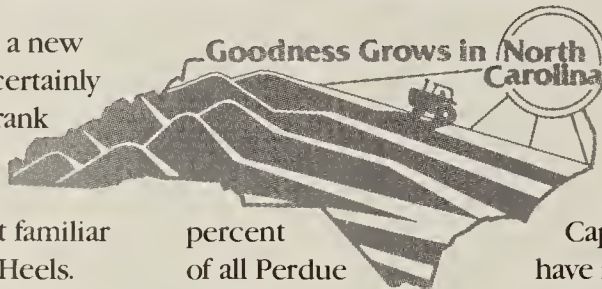
"Goodness Grows" Adds Perdue Farms

The "Goodness Grows in North Carolina" marketing promotion of the North Carolina Department of Agriculture has taken on a new dimension in recent weeks with the enrollment of Perdue Farms, the nation's fourth largest chicken producer-processor.

With an extensive new consumer advertising campaign under way, many North Carolinians probably con-

sider Perdue a new arrival. And certainly the face of Frank Perdue, who appears in ads, is not yet familiar to some Tar Heels.

But Perdue Farms has actually been in the state since 1958, when the firm opened an egg hatchery in Statesville. Its first broiler house, producing "frying-size chickens," opened in 1974. Today, North Carolina produces 60



percent of all Perdue chickens.

Perdue plants in North Carolina average production of 3.5 million birds a week, for which farmer-producers are paid \$35 million a year. The firm has 5,600 employees, with a payroll of \$70.8

million, and buys \$71 million worth of corn, soybeans and other feedstuffs.

Capital expenditures have reached \$25 million.

Perdue, which is headquartered in Salisbury, MD, has processing plants at Lewiston, Robersonville, Robbins and Rockingham, with hatcheries at Halifax, Northampton County, Johnston County, Candor and Norlina. Feed mills are at Candor and in Hertford County, while a new feed mill is being completed in Nashville.

Bill Bollinger of Lewiston, a key Perdue manager, says: "We are in North Carolina to stay, and we're proud to be a part of the agricultural economy in this state."

He added that Perdue will be an active participant in the "Goodness Grows" program, which features only top quality food and other products produced in North Carolina and made up of materials produced in the Tarheel state.

In fact, the promotion has grown tremendously since its inception in 1986, and many of the enrollees are firms that have

become "household words."

Recent participants include Charles F. Cates and Sons of Faison, whose lines of cucumbers and dozens of other pickle products are familiar sights on grocery shelves in every state, and House-Autry Mills of Newton Grove. House-Autry corn meal and corn products are sold across North Carolina and in many other southern states.

North Carolina is the leading turkey producer, and the House of Raeford is nationally known for its whole turkeys, turkey breasts and fresh and processed turkey products. A more specialized product, smoked turkey, is featured by Stegall Smoked Turkey of Marshville. It's sold at a roadside store and by mail order to customers in North Carolina and neighboring states.

Another relatively recent participant in "Goodness Grows" is yet another firm with a national clientele, Concord Farms in Concord. The company sells choice North Carolina-produced duckling and expects to market seven million ducklings during 1988. This firm is increas-

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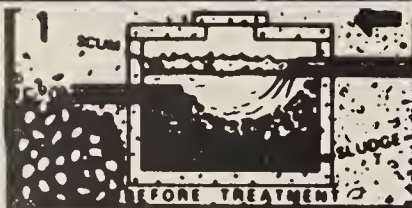
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ing production by 20 percent a year, and this year will broaden its product line—whole duckling, duckling breast and some parts—to include fresh tray-pack duckling for grocery stores as well as fresh and frozen duckling.

Concord sells duckling in every state in the union and a number of foreign nations.

Two other nationally known participants in the marketing promotion are T. W. Garner Food Company of Winston-Salem and Lundy Packing of Clinton. Although Garner Food produces hot sauce, seafood sauce and a variety of other flavor-some products under the familiar "Texas Pete" brand name, the products are all made in North Carolina with Tarheel products.

Lundy Packing makes fresh and processed pork products in almost any variety a grocery shopper might want, ranging from ham and bacon to fresh pork.

Wines from Duplin Wine Cellars of Pink Hill are very popular in North Carolina, but are marketed on a national scale.

"Goodness Grows in North Carolina" is also tied in with a trade show promotion called "Flavors of Carolina" where food processors—many of them

also participants in "Goodness Grows"—present tasting parties that allow national customers to enjoy quality Tarheel foodstuffs.

It's no coincidence that both programs are coordinated by Mrs. Teresa Hamby, who has had the "Goodness Grows" assignment since that program was launched. Altogether, "Goodness Grows" now has 72 participants.

Participation in "Goodness Grows" or "Flavors of Carolina" is relatively simple. Any interested producer should contact Mrs. Hamby, Goodness Grows in North Carolina, Division of Marketing, North Carolina Department of Agriculture, P.O. Box 27647, Raleigh, NC 27611; or you can call her at (919) 733-7912.

There is no cost to participate, but products to be considered for the "Goodness Grows" logotype must be submitted for testing. After testing by a qualified board, membership is issued.

All products must be produced in North Carolina of materials with 51 percent produced in the state, and must be of top quality.

"The idea is to assure food buyers that they're getting the finest quality they can buy," Mrs. Hamby says with characteristic enthusiasm.


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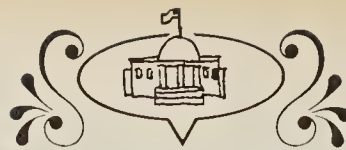
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WASHINGTON SCENE

Campaign Focus Shifts To Super Tuesday

The focus of Campaign '88 shifts to the South now, with the largest single primary day in the history of presidential elections scheduled in Southern and border states on March 8.

Chances are good that after this Super Tuesday vote, you'll have a much better idea of which candidates still have a chance to carry their party banners after the Republican and Democratic conventions.

That's exactly what southern political leaders had in mind when they orchestrated arrangements for the multi-state primary. They wanted the South to have a larger voice in selecting the parties' nominees. Now, the voters will test their strategy for achieving that goal.

With the Iowa caucus and the New Hampshire primary behind them, the candidates have headed south, many with plenty of ready cash to spend on television ads, voter polling and political rallies.

This is the battle for America's political brass ring—and, for the first time, the South has a ringside seat.

The Republican candidates who seem most likely to succeed are Vice President George Bush and Sen. Robert Dole, although TV evangelist Pat Robertson has strength in some areas—notably Virginia and South Carolina.

Bush, who has the most far-flung organization, came into the area after a poor showing in Iowa.

Dole, who won in Iowa, has a secret weapon in the person of his wife, Elizabeth Hanford Dole, a North Carolinian who left a Reagan cabinet post to organize Dixie for her husband. She is immensely popular and reportedly has done a good job in setting up campaign organizations in southern states.

While Bush and Dole seem to dominate the field of GOP hopefuls, perhaps the biggest surprise has been Robertson. The son of a former U.S. senator from Virginia, Robertson founded and operated the Christian Broadcasting Network before resigning to run for office. He has raised several million dollars and has mobilized fundamentalist Christians to an extent that may



Remember to vote on March 8 in North Carolina's presidential primary election.

Tar Heel voters will be asked only to express a preference for candidates in the presidential race.

No other statewide issues or candidates will be on the ballot, according to officials of the State Board of Elections.

They said polling places throughout the state will open at 6:30 a.m. and remain open until 7:30 p.m. Voters in line at 7:30 will be allowed to vote before the polls close.

"We're hoping for a good turnout," said one official.

see him go to the GOP convention with enough delegates to cause people to listen.

The other candidates—Jack Kemp, Pierre DuPont and Alexander Haig—have failed to impress the voters and have trailed in the polls.

The Democratic candidates have had problems of their own, and one of them is the Rodney Dangerfield complaint of not getting any respect. Before Iowa and New Hampshire, they were being labeled by the media as the "seven dwarfs" and "members of the same car pool."

As they head for Super Tuesday, there is still a great deal of uncertainty as to who is going to emerge as a leader.

One candidate in particular is betting all his marbles on the South.

He's Sen. Albert Gore Jr. of Tennessee, the only southerner in the race. Gore took a deliberate gamble when he pulled up stakes in Iowa and then paid only modest attention to the primary in New Hampshire. He headed south, seeking support from Democratic leaders and setting up organizations.

He has been successful in some states in lining up leaders to endorse him, and not so successful in others.

In North Carolina, Gore received the public backing of Sen. Terry Sanford and former Gov. Jim Hunt, and perhaps as importantly, the support of Wallace Hyde, a leading party fundraiser. He also got endorsements from more than 20 members of the Tar Heel legislature. Other successes were won in Texas and Florida, and others may appear before primary day.

Ever since he became a candidate, Gore has tried to distance himself from the other candidates, especially on defense policies. An admitted expert on arms control, Gore supports such things as the MX missile, which the other Democratic hopefuls condemn. He approved of the bombing of Libya and the invasion of Grenada, while the other Democrats have criticized both actions.

But he hasn't supported all the military policies of the Reagan administration. He voted for a nuclear freeze, for reductions in the Reagan

military budgets, for limits on the "Star Wars" program and against military aid to the Nicaragua contras.

But he voted for \$3.5 million to give humanitarian aid to the contras and he supports the presence of the Navy in the Persian Gulf.

So Gore's record cannot be termed that of a southerner since he often votes with his colleagues from other parts of the country.

Gore comes by his interest in politics honestly. His father, Albert Gore Sr., is a former governor and senator from Tennessee, and the younger Gore was born and went to school in Washington. His father has been actively campaigning for the candidate son.

Gore's biggest problem may be his age. At 29, he is the youngest candidate in the race and quite youthful in appearance. As one observer pointed out, he will have to demonstrate that he is intellectually ready for the job, perhaps more than any other candidates. However, the same observer concluded that John Kennedy survived a similar obstacle in 1960 and became a respected president.

Another handicap for Gore is Jesse Jackson, who has a solid bloc of votes in the South that no one can take away. Indeed, when it was decided to have all the southern states vote together, some thought that Jackson might well be the principal beneficiary and come away a winner.

So Gore will have to capture a large white, conservative vote—the kind that has been switching to the GOP in general elections—to do well.

But Gore has some pluses, one of which is money. He goes into Super Tuesday with more than \$2 million available, more than any other candidate except Michael Dukakis.

After all of those primaries on March 8, the list of candidates will be reduced to perhaps three or four in each party and they can go on to fight for the nomination.

Gore is betting that the momentum he gets from the South will stand him in good stead in the remaining contests.

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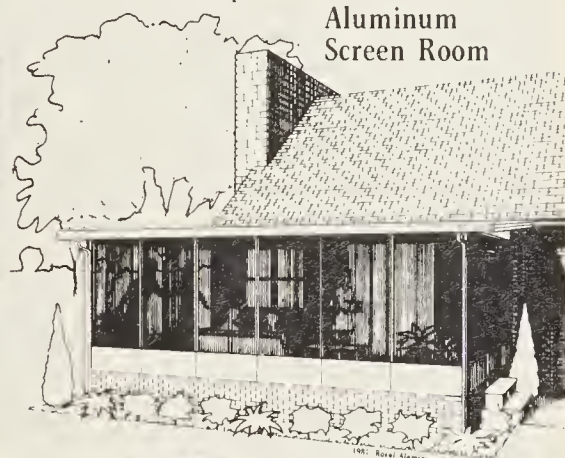
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James H. (Jimmy) Garner is a banking professional who usually applies his expertise in overseeing several small town branch banks in Moore and Scotland Counties.

However, during the past year, he's also drawn on it in helping to guide the operations of a major lending institution serving about 980 rural electric and telephone cooperatives throughout the nation. Since February, 1987, he has served as president of the Board of Directors of the agency, the Washington-based National Rural Utilities Cooperative Finance Corporation (CFC).

"People often ask how we make decisions on the multi-million dollar loans we deal with at CFC," said Garner. "I say I use the same logic that I do at home—I just put more zeros on it."

Garner, who is a senior vice president and area executive with First Bank, Troy, said the comment "is a little bit facetious but there's more truth than fiction in it because common sense must rule any decision on a loan, whether it's for \$100 or \$100 million."

The Moore County native has been contributing his own brand of down home common sense to various CFC deliberations since 1983. That's when he was first elected to the agency's board as one of two representatives of a region stretching from North Carolina to New England.

It was the first time a banker had been elected to that 22-member body, which consists of managers and directors of various electric cooperatives.

Garner came to that post with 18 years of experience as a director of Randolph Electric Corporation, Asheboro, and 14 years as a banker.

He'd grown up with an appreciation for the co-op, having experienced farm life without electricity. Later, he became active in the EMC's member involvement programs before being elected to the board.

"I've seen what rural electrification can do for people and for communities. It was a transformation because so many benefits came with the power lines."



— Photo by Randy Wheelless

Moore County Banker Guides Co-op Lending Agency With "Down Home Common Sense"

When Jimmy Garner leaves his First Bank office in Robbins at the end of a workday, he goes home to land that's been in his family for generations. It's just two miles from where he grew up.

He and his seven brothers and sisters live in or near Moore County and keep in touch. He married a local girl, Dorothy Moore, and they have two daughters and four grandchildren. The daughters and their families also live close by.

To relax, Garner works around his small farm, gardening and helping his brother raise a few cattle.

"That's how I get away from banking," he said.

By contrast, Garner's background gave him little preparation for a banking career.

"This is the last work in the world I ever thought I'd be doing," he said.

Since his roots took hold early, he wanted to find work near his home community. He didn't think of leaving home to start a career. He was working for an automo-

bile dealership in Carthage in 1969, when the Bank of Montgomery (now First Bank), based in Troy, decided to open its first branch in Robbins.

"I'd been sales manager for this dealership for 15 years when the bank approached me about trying the banking business.

"It was a challenge that intrigued me—to think that I might be able to come into a town like this and establish a business and see it flourish."

The bank has, indeed, flourished. Since 1969, First Bank's assets have risen from about \$5 million to about \$160 million. It now operates 23 branches in seven counties.

"Banking's been a good field and it's been very fulfilling to me," Garner said. "And I can see my work with CFC as something of an extension of what I do for a living."

Garner's banking experience gave him "outstanding credentials" for his position as president of CFC, said Charles B. Gill, CFC's governor and chief executive officer.

"During his five years on the CFC board," Gill added, "Jimmy Garner has been an innovative leader and an effective spokesman for the organization."

Gill said Garner's contributions as president of the board and earlier, as chairman of the Loan Committee, "have been invaluable."

CFC, which was organized the same year Garner opened the Robbins branch bank, was established by the nation's cooperatives to provide financing as a supplement to loans from the Rural Electrification Administration.

Its members in 46 states now have \$3.5 billion in loans and \$2.9 billion in guarantees.

"It's been an interesting time to serve on the CFC board," Garner said, "but we've had some difficult decisions to make.

"It's a big business and we have to spend a lot of time studying the issues that come before us. We meet every two months in regular sessions and they're usually two and a half to three grueling days. There's so much material to cover that we count it by the pound rather than by the page."

In recent years, CFC has broadened its programs to encompass financing for rural development projects and telecommunications services.

Last fall, it reorganized by establishing a separate mechanism to handle financing for telephone cooperatives. It's called the Rural Telephone Finance Cooperative (RTFC).

The new agency has an 11-member board, including six representatives of CFC and five representatives of telephone co-ops. Garner, who has one of CFC's seats, is also president of that board.

"This is an effort to streamline our operations so we'll be in a better position to reach out to all of rural America," he said.

Other major changes are also in the works.

Plans call for the headquarters to move from its Georgetown location to the Virginia suburbs.

"That will get us out of the congestion of Washington, where transportation and parking are always problems," Garner pointed out. "There's really no reason for us to be right in the middle of Washington."

Meanwhile, CFC will soon expand its involvement in legislative affairs under an arrangement with the National Rural Electric Cooperative Association's lobbying program. CFC will provide funds for an association staffer who'll work solely on financial matters.

"Financing has become so complex and so subject to government regulation that we now need a lobbyist to specialize in that," Garner said, adding that this is a sign of how far CFC has come in less than 20 years.

"This organization is one of the rural electric program's biggest assets. It's highly regarded in the financial marketplace, so we believe CFC is going to play an important part in whatever happens in rural electrification for years to come.

"As a program, we still have things we can do for rural America that can really make a difference for this country. I'm proud to be part of that."

—Owen Bishop

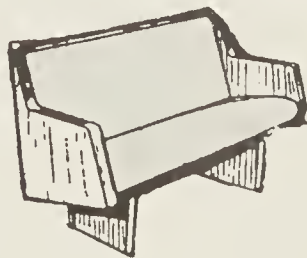


Annual Meetings Calendar

	Electric Membership Corporation	Time	Location
March			
19	Edgecombe- Martin County, Tarboro	Registration: 12:30 p.m. Business Meeting: 2:00 p.m.	Edgecombe Community College, Tarboro
24	South River, Dunn	Registration: 6:30 p.m. Business Meeting: 8:00 p.m.	Cumberland County Memorial Auditorium, Fayetteville
25	Jones-Onslow, Jacksonville	Registration & Health Fair: 4:00-7:00 p.m. Business Meeting: 7:00 p.m.	Jacksonville High School, Jacksonville
25	Wake, Wake Forest	Registration: 6:30 p.m. Business Meeting: 7:30 p.m.	Wake Forest- Rolesville High School, Wake Forest
26	Halifax, Enfield	Registration: 9:00 a.m. Business Meeting: 11:00 a.m.	Enfield Middle School, Enfield

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Many Businesses Offer "Senior Discounts"

"Senior discounts" are being offered by many businesses in North Carolina and throughout the country. And they can show up in places you might never expect them.

One father enjoys taking his two teen-age sons to the movies. And the boys enjoy being with Dad.

When he goes to the ticket window, he orders "two full-fare adult tickets and one half-fare." The half is for the father.

Instead of paying \$15 for three tickets, they pay only \$12.50.

"Do you give a senior discount?"

For good reason, this simple question—in one form or another—is being asked more and more in North Carolina and throughout the nation. The question, which is being asked by those generally 55 years old or older, makes sense.

A lot of business establishments do give senior discounts. Often they have special names for them, such as "Golden Savers" or "Senior Club" or even "Inner Circle." And those are just examples of several hundred.

Some establishments have no special name, but still give discounts. They may have a sign displayed announcing the opportunity, or you may have to ask.

Virtually all hotels and motor inns have some form of discount. One of the most familiar is that for the widely recognized AARP, the American Association of Retired Persons. But other senior clubs are also useful in this regard. At a motel you may win a discount of 5 or 10 percent (sometimes more) by displaying your membership card, or perhaps simply with proof of age, such as a driver's license.

Here are some examples of the type of savings that are possible. Recently several people 55 and older were traveling. After spending the night in a discounted motel, they went to a nearby restaurant (not part of the motel) for breakfast. The meals cost about \$3.50 or \$4 each, with an extra charge for orange juice and another "extra" for the coffee the group enjoyed. At the cash register, the traditional question was asked: "Any senior discount?"

"No," replied the cashier, "but we do give beverages free to seniors." The savings on the coffee and juices amounted to more than \$1 per person.

Many so-called "fast food" hamburger stands, which usually sell other sandwiches as well, will give free drinks to seniors who buy a sandwich or some similar merchandise.

Some of the fanciest hotel dining rooms offer special Sunday buffets for brunch and for other meals.

One in Raleigh recently had a special Sunday breakfast brunch—actually a full meal for those who were hungry—for \$10.50. But the price for seniors, for the same buffet, was only \$7.50.

One well-known convenience store, open until all hours, gives a 10 percent senior discount—but only on Tuesdays.

That explains why so many older folks can be seen there stocking up on milk, bread and beverages on Tuesdays.

One father enjoys taking his two teen-age sons to the movies. And the boys enjoy being with Dad. When he goes to the ticket window, he orders "two full-fare adult tickets and one half-fare." The half is for the father. Instead of paying \$15 for three tickets, they pay only \$12.50.

Some restaurants will provide a "senior citizens plate" and have it listed on the menu. Most customers can't tell it from a regular dinner with the same ingredients.

In many localities in North Carolina, Councils on Aging and similar groups publish lists of pharmacies, restaurants and other businesses that provide senior discounts. Often a roster will cover several pages and offer everything from hearing aid discounts to reductions in car washes.

One of the most ambitious such listings is the nationwide "Silver Pages" and "Silver Savers Passport" published by Southwestern Bell Publications. This program serves three large metropolitan areas in North Carolina: Raleigh, Greensboro and Charlotte. The service areas include several counties around each city.

Mature North Carolinians may get individual cards—the "Silver Savers Passport"—in three ways. They can simply call a toll-free telephone number—1-800-252-6060—and have the material sent. Or they may write Southwestern Bell Publications, Silver Pages, 13075 Manchester Road, P.O. Box 31097, St. Louis, MO 63131.

The third way is to apply at a local Council on Aging or similar office in your home area.

The widely recognized AARP card and the statewide North Carolina Senior Citizens Association card are also available, but only with membership in the groups. If you wish to join, here are addresses:

AARP
Membership Processing Center
P.O. Box 199
Long Beach, CA 90801-9989

North Carolina Senior Citizens Association
P.O. Box 34
Fayetteville, NC 28302

Each group will be happy to send you membership blanks and information, together with materials on services available with membership.

These groups even offer services at a discount. And if you get a Silver Savers Passport, you will also receive a free annual "Silver Pages" that lists businesses in your area which offer special rates.

Bill Calls For State Tax Returns To Correspond With New IRS Forms

At this season North Carolina taxpayers, like other U.S. citizens, are getting ready to prepare their federal income tax returns under a new set of rules—and with new exemptions.

But you may be reassured to know that you'll be filing your North Carolina return on the same basis as in past years.

That could change if the 1988 "short session" of the North Carolina General Assembly adopts a proposal prepared last year by State Sen. Dennis Jay Winner (D-Buncombe).

The bill, which is awaiting action in the Senate Finance Committee, would make the North Carolina tax return correspond more closely with the new federal statute.

It would take many low-income Tar Heels off the state tax rolls entirely and require some taxpayers to pay more if they get income in the form of dividends.

Meanwhile, you can expect to owe your state income tax on the same basis as you have in years past.



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HANK'S GARDENING GUIDE

It may be difficult to believe, but the calendar says that spring is only a few weeks away. Now's the time to get ready before full gardening activities are under way. Nurseries are filled with tree and shrub selections that are adapted to your area. Catalogs from mail-order sources illustrate a host of plants for your summer ornamental and vegetable gardens.

Vegetable Garden

Seeds of mustard, spinach, turnips, beets, carrots and radishes may be sown directly into the garden now.



Crepe Myrtle Care

To encourage new growth and more abundant summer flowering, prune crepe myrtles now.

Clip off the ends of branches, but do not destroy the beauty of the sculptured trunks and mainstems.

If you're new to the area, and have been disappointed in the

"lilac show" of this part of the country, you might want to consider the crepe myrtle as a substitute. Healthy plants give an abundance of blooms—large clusters of flowers during summer months.

A Glad Summer

Now that spring-flowering bulbs are beginning to show signs of color, it's time to select and prepare to plant summer-flowering bulbs. An outstanding showy one is the gladiolus. You'll want to secure the largest corms (bulbs) available. Be certain that they are firm to the feel and free of disease.

Beginning in late March or April, make plantings at one- to two-week intervals until July. Such staggered plantings will provide a long period of color and source of cut flowers next summer.

Depending on varieties selected, gladioli bloom 65 to 100 days after planting. Colors include white, cream, orange, apricot, salmon, red, rose, lavender, purple and lime green. All varieties combine well in borders with baby's breath, perennial phlox and Shasta daisies.

Strawberries

These cool, short days present a good time to set out strawberry plants if the job was not done earlier.



Established plants should have a light top dressing of complete fertilizer in mid-March. After cleaning out weeds and grass, apply four to six pounds per 100 feet of row when plants are dry. Brush fertilizer off the leaves.

Apply two to three inches of a mulch such as pine straw after fertilizing. Work the mulch around plants to cover the ground completely. This keeps the berries off the ground. Thus, you have "straw" berries—berries that grow on straw.

Prune Now

Provided wood is not frozen, trees and shrubs that have become overgrown and unwieldy may be pruned at this time of year. To preserve the plant's form, all branches should not be pruned to the same length. If the plant grows naturally in a spreading form,

prune each branch to an inside bud. If the plant is to be kept compact, branches should be cut back to an inside bud. Future growth from inside buds will create a dense plant.

In some landscape schemes, certain plants require heavy pruning by which they are sheared into compact forms for definite landscape purposes. These include closely clipped boxwood hedges of formal gardens, topiary shapes of shrubs such as junipers and wax ligustrum and tree roses. Such plants are better suited to landscape scenes of formal flavor. They may look out of place in a naturalistic design.

When pruning evergreens, make cuts deep inside the plant to allow sunlight to enter. In order to maintain the natural shape of the plant, cut back to a side branch or lateral that is growing in the same direction.

Don't Overwater Houseplants

During winter months natural light intensities are low and houseplants manufacture very little food; consequently, they cannot grow rap-

idly. Instead of helping a plant to grow larger and healthier by giving it additional water and fertilizer, you can cause its sudden death.

Never water houseplants by a systematic every-day-after-breakfast or every-other-day routine. Water only when the soil feels dry. You'll want to apply sufficient water so that some of it runs through the potting soil into the saucer below. Discard excess water that drains through. By pouring it back in the pot, you could add to the accumulation of soluble salts in the soil.

Flowering plants and foliage plants with large leaves or many leaves require more water than those without blooms or with scant foliage surfaces.



Plants growing in a cool room require less frequent waterings than those growing in a warm, dry atmosphere.

—Hank Smith

Experts Report... Once Established... Water Just Once A Week... Be Absolutely Amazed As All Growing Season Long—Week In, Week Out... Compared To Even The Majestic Black Spruce... WONDER SHADE TREE...

ZOOMS TO THE SIZE OF A 15 YEAR OLD TREE IN JUST ONE SINGLE YEAR!

YES, ROOF-HIGH IN JUST ONE YEAR!

**and keeps on skyrocketing 30-40-50 EVEN UP TO
60 FEET HIGH OR MORE in less time than most
trees nudge themselves a few feet off the ground.**

Actually Soars Into A Magnificent Tree IN JUST ONE YEAR!

Yes! Based on amazing growth rates reported by plant scientists—it grows SO FAST... it arches out SO WIDE... you can actually take a ruler and measure the incredible difference in height every 2 to 3 days! OR, to really leave your neighbors gasping in awe and wonder, give them a yardstick and let them measure the difference IN FEET every 2 to 3 weeks!

Yes, goes on to thrust itself so high, so fast that it actually towers over even a Japanese Red Maple, Cherry Tree or even the most graceful silky willow in such a ridiculously short time you will simply refuse to believe your eyes! Think of it!

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Because according to plant experts, Govt. scientists and Botanical Gardens who researched this wonder-hybrid... once established, you merely water it once-a-week, and be absolutely floored as, during its SUPER-SOARING growing season, it GROWS AS MUCH AS A FULL 1/2-FOOT WEEKLY AFTER EVERY TIME YOU WATER IT!

That's right! Grows higher than even a full grown Flowering Dogwood IN JUST ONE SINGLE SEASON! Grows higher than even a full-grown Star Magnolia IN JUST ONE SINGLE YEAR!

PLANT NOW—REACH OUT AND TOUCH ITS LUSH, THICK BRANCHES FROM YOUR SECOND STORY BEDROOM WINDOW BY THE NEXT SUMMER!

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GROWS IN VIRTUALLY ANY SOIL—REQUIRES NO SPECIAL CARE—SOARS INTO A MASTERPIECE OF BEAUTY IN JUST A MATTER OF MONTHS!

Best of all, unlike most trees that demand constant care, constant pampering... about the only thing you do after you plant this super-growing wonder-hybrid is water it and enjoy it! That's why leading botanical gardens... landscape artists... garden editors... can't stop raving about its indescribable beauty... its trouble-free care... its surging, towering growth.

Small wonder that leading experts hail it in the most glowing terms... recommended it again and again for homeowners who want a stunning display of beauty... both a wind and privacy screen and deep, cool shade... and with practically no more work than a thorough watering each week!

VITAL STATISTICS FROM LEADING EXPERTS

MATURE GROWTH SIZE: as much as 40 to 65 feet

MATURE SPREAD: as much as 30 to 35 feet

ZONE OF HARDINESS: Hardy from the deepest South to as far North as Vermont, Minn., Quebec, British Columbia. Winter Hardy in areas where temp. drops as low as 30 degrees below zero.

LIGHT NEEDS: Grows beautifully in Sunny location.

DECORATIVE MERITS: Highly recommended by landscape architects as beautiful decorative specimens for homes, parks, highways, etc., where exceptional fast growth and beauty are required. Perfect for fast screening and privacy.

RAPID RATE OF GROWTH: Experts report growth rates on specimen trees that measure up to 8 FEET THE VERY FIRST YEAR ALONE. That's more than most shade trees grow in 3... 4... 5... even 7 years. Yes, once established will grow ranch-house-roof high IN JUST ONE SINGLE YEAR, that's right—The very next year after planting! Experts also report it soars an amazing 5 to 8 feet each year for YEARS thereafter. Naturally results are based on optimum growing conditions. Takes but 10 minutes to plant and normal care rewards you with a lifetime of beauty starting this very year.

CARE: Nothing special—just normal garden care. Water fully once weekly. Naturally resistant to most diseases, pests or insects.

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Scrapbook: A Sampling Of Fascinating Folklore

Our "Scrapbook" column on page 17 features excerpts from *Seasons In Stokes: A Proud Look Back*, a fascinating collection of folklore and history that was assembled by Darrel Lester of Stokes County.

The "sayings" we've excerpted offer only a modest sampling of the readable material in this book.

"The material isn't mine," Lester said. "All I did was write what I heard about the people, their lifestyles, what they said and did.

"I've always been one who likes the old ways and traditions . . . I'd rather sit with an elderly person all day than with a good friend of any age. I can learn more by listening to their experiences in just a few hours than sitting under a professor in college. It's common sense experience I'm talking about."

We're indebted to free-lance writer Gail Langley of Rt. 4, Stoneville, for calling Lester's book to our attention and for providing the background on it.

EMCs Add Tar Heel Flavor To Three National Boards

Space limitations forced us to omit an interesting angle from the story (page 24) on Jimmy Garner, the Moore County banker who heads the board of a national co-op lending agency.

Garner, who has been a director of Randolph Electric Membership Corporation, Asheboro, for 22 years, was already serving on the board of the National Rural Utilities Cooperative Finance Corporation in 1986 when the co-op's manager, Bob McDuffie, became the North Carolina representative on the board of CFC's sister group, the National Rural Electric Cooperative Association.

Thus, Randolph EMC is represented on the boards of these two major national rural electric organizations. It's the first co-op in the country to have that distinction.

However, Garner and McDuffie aren't alone in adding a Tar Heel flavor to national co-op boards.

Did You Hear The One About . . .

The down-on-his luck farmer was in a financial bind and began casting about for odd jobs he might do for some quick cash. He approached one of his neighbors about painting a barn.

He gave the neighbor a quote on doing the job and the deal was struck.

Once he began painting the barn, he realized he'd never be able to clear anything on the job if his paint ran out and he had to buy more. As he painted, he began to thin the paint so it would go farther. He'd paint and he'd thin. Somehow, he managed to get the barn covered.

After he'd been paid, his conscience began to bother him about what he'd done. He even dreamed that an angel appeared before him to help him with his dilemma.

"What should I do?" he asked. "I've worried and worried, but I don't know whether I should return the man's money or just go back and paint the barn again."

The angel said, "Repaint, you thinner!"

David Batten, manager of Brunswick EMC, Shallotte, serves on the board of the National Rural Telecommunications Cooperative, which is providing satellite TV programming services through local co-ops across the country.

Rowe: Announcing Partner Did "A Remarkable Job"

Another member of the Randolph EMC team was featured in national media coverage of a major sports story in December.

Dave Rowe, the former pro football player who is the co-op's manager of member and public relations, shared the broadcast booth with Gayle Sierens when she became the first woman to handle announcing duties for TV coverage of an National Football League game.

Rowe said Sierens "did a remarkable job" considering the pressure she faced and the media attention she attracted.

"It was absolutely incredible," he said. To handle all the interviews with major news services, newspapers, magazines and networks, the announcers started at 7:30 a.m. the day of the game and didn't stop until after 7 p.m.

Rowe said Sierens "did real well" once she got going—well enough to be scheduled to call more NFL network games next fall.

Potpourri

Sign in a church parking lot: "We forgive those who trespass against us, but they will be towed away just the same." *Anonymous Quote:* "A man who correctly guesses a woman's age may be smart, but he's not very bright." *Reprinted:* A teenager became an extremely critical back seat driver after completing a driver's education course. Finally, her new license arrived and it was her turn behind the wheel. The roads were wet and slippery and when she braked at a stop sign, the car began to slide sideways through the intersection toward a parked car.

"Daddy, what do I do?" she shrieked.

"Quick, jump into the back seat," he said. "You'll think of something."

—Owen Bishop



Southern States



February

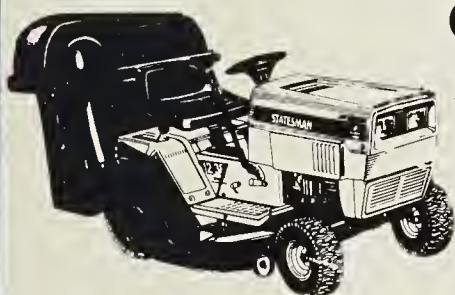
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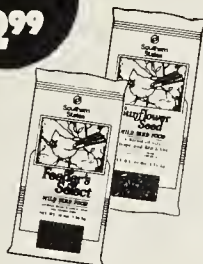
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Precision Garden Seeder

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A complete insecticide, fungicide, miticide controlling a wide range of pests and diseases. Complete spray schedule on label. Pint size. #102-01405

4⁹⁹

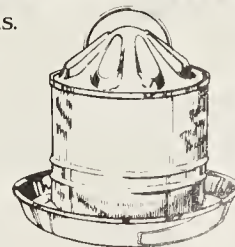
Sug. Reg. 7.99

2 Gallon Chick Fountain

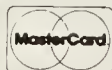
Approximate capacity: 100 chicks. Double-wall construction keeps water cool to promote intake. Heavy duty galvanized steel. 13 in. diameter. #100-26739

9⁴⁹

Sug. Reg. 14.49



We
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at most
locations

Quality for Everyone



ENCHANTMENT LILY



GLADIOLUS



TIGRIDIA



YELLOW HYBRID LILY



FREESIAS



BLAZING STARS

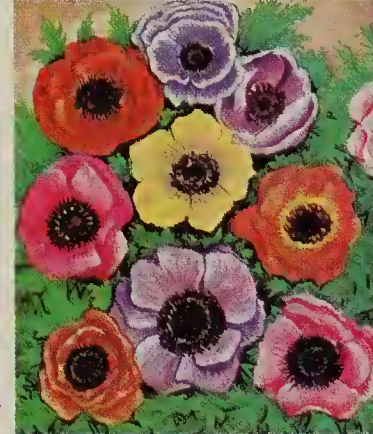
From Just One Planting,
A Summer-Full of Blooms!

ALL-IN-ONE

RIOT OF COLOR

50 FLOWERING BULBS for only \$5⁹⁵

Imagine... a sweeping panorama of sparkling, vivid, brilliant color and growth to dress up your yard and grounds like a picture postcard. That easy? From just one planting? For only \$5.95?



ANEMONES



GARDEN GLOXINIA

We Call Them "Poor Man's Jewels"

Only Michigan Bulb offers you an expertly planned, balanced assortment featuring practically every color in the rainbow - 50 healthy bulbs imported all the way from Holland - for the fantastic bargain price of \$5.95. Backed up by our exclusive "No Fault Guarantee", this low, low price includes all this:

- 12 Blazing Stars (Liatris, 6-8 cm.). Bright rose-purple color.
- 1 Enchantment Lily (10-12 cm.). Bright orange, flecked in black.
- 15 Gladiolus (6-8 cm.). Rainbow mix of brilliant colors.
- 3 Tigridias (5-7 cm.). Mix of yellow, pink, white, red, etc.
- 1 Yellow Hybrid Lily (10-12 cm.). Bright sparkling lemon yellow.
- 12 Anemones (2-3 cm.). Mix of purples, reds, whites, etc.
- 1 Garden Gloxinia (Incarvillea delavayi, #2 size). Beautiful dusty pink color.
- 5 Freesias (4-5 cm.). Blue, lilac, orange, yellow, etc.

50 Flowering Bulbs - Plus 6 Peacock Orchids if order received by May 15 - All For Only \$5.95 on This Final Offer!

"No Fault" Guarantee Protects You

Order now, this summer watch your garden burst into a starfire of glorious color. Our guarantee protects you. . . you must be satisfied with the size and condition of these bulbs upon receipt or return for full refund! Furthermore, you must be satisfied with the performance of these bulbs after planting or we will replace them free of charge (3 year limit).

Easy-to-follow Planting Booklet included, shows how to plant for best display. This is our final combination offer for spring planting.

FREE 

6 Peacock Orchids at no extra cost with every order received by May 15.

MICHIGAN BULB CO., Dept. BS-158
1950 Waldorf, Grand Rapids, Mich. 49550

Please send 50-Piece Bulb Garden as indicated below on your guarantee of satisfaction. Include 6 Peacock Orchids Free of extra cost if order received by May 15, 1988.

- ☐ 50 Flowering Bulbs, \$5.95
- ☐ DOUBLE ORDER - 100 Bulbs, \$11.50

PRINT MR-MRS
NAME MISS-MS _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

- ☐ Payment enclosed, plus \$1.90 towards postage and handling. Ship postpaid.
- ☐ Bill on my credit card, plus \$1.90 postage and handling. Ship postpaid, indicate below which credit card you wish to be billed on, credit card number, and expiration date.

☐ MasterCard ☐ Visa ☐ Amer. Express

Credit Card # _____

Exp. Date _____

MICHIGAN BULB CO., Grand Rapids, Mich. 49550